

Helping You Transition Back to Your Life

Illinois Warrior Assistance Program (IWAP)

The scars of war are not always visible. We want you to know that you are not alone.

IWAP provides a confidential warmline where Illinois Veterans and their family members can seek support 24/7/365.

SUPPORT FOR MENTAL HEALTH CHALLENGES:

- Post-Traumatic Stress Disorder (PTSD)
- Traumatic Brain Injury (TBI)
- Military Sexual Trauma (MST)
- Anxiety and depression
- Addiction and substance abuse
- Overall Emotional Wellness

WHAT TO EXPECT:



VETERAN PEERS

A peer to listen to you on the other end of the line.



ASSESSMENT

We assess your individual needs.



RESOURCE REFERRAL

We provide referrals and assistance with resource navigation.



FOLLOW-UP

We provide follow-up and support to ensure connection.



877-455-IWAP (455-4927)

WWW.ILLINOISWARRIOR.ORG

This is NOT a crisis line, but rather a warmline where Veterans can receive assistance and guidance on a wide range of issues, from managing post-traumatic stress, to coping with anxiety and depression.

***If you or someone you know is experiencing a crisis, call 988, then press 1.**

IWAP is brought to you in partnership with the Illinois Department of Veterans Affairs.

Careers

Financial Literacy

PTSD

Case Management

Education

Health & Wellness

Resource Referral

Family Support



Counseling

SERVICE MEMBERS, VETERANS, & FAMILIES

WHEN YOU'RE NOT SURE WHO TO CALL, CALL US.

833-INFO-IJF (463-6453)

Connect to the services you need.

Resource Connection

Care Coordination

Families

Women's Veterans Network

Transportation Assistance

Mental Health

Peer Support

Legal

Housing Assistance

Employment

Benefits

Assessment

Food Insecurity

Veteran Engagement

TBI